INDEPENDENT AND ASSISTED LIVING

Oak Grove Inn Highlights

Office #215-8881



<u>Those Celebrating</u>
<u>Birthdays this Month...</u>

Frances Berryman – 6th

Mary Mathis - 7th

Ruth Godwin - 13th

Judy Hallford – 17th

Jean Lawrence – 23rd

Frances Green – 23rd

Margaret Ward - 31st

Patricia Parker - 31st

MARCH 2023





<u>"SPRING FORWARD"!</u>

DAYLIGHT SAVING TIME BEGINS
SUNDAY, MARCH 12TH

Don't forget to set your clocks AHEAD one hour before going to bed Saturday evening.

Daylight Saving Time begins which means more daylight hours to enjoy!

HELP IN WELCOMING THESE NEW RESIDENTS TO OUR OAK GROVE COMMUNITY



Katherine Thames - AL apt. 1

Let's roll out the Welcome Mat! Extend the hand of friendship. Please take a few minutes and introduce yourself to these new residents.

YOUR ATTENTION PLEASE!

At Oak Grove Inn there is a feeling of family which we pride ourselves on. Whether coming here from near or far does not matter, it's that personal contact that can make a difference to new people moving into the Inn. Even the smallest of gestures – a smile, a handshake, a gentle pat on the back, a hug, a nice note left at their door, can help the newcomers feel welcomed and that their decision to move to Oak Grove Inn was the right one to make. That is what makes Oak Grove Inn so special.

We would like to extend a special invitation to all residents of Oak Grove Inn but particularly those of you who have moved in during the last year. On Friday, March 10th at 3:00 p.m. in the IL Dining Room we will hold a.......



Come and extend the hand of friendship.







Check this page weekly for updates on field conditions and bloom time. We will open the Festival as soon as 20% of the tulips are in bloom

Festival of Tulips coming in late February or early March!



BREAKING NEWS!

We planted 100,000 tulips in December of last year (30,000 more than in 2022), and they are beginning to show greenery. That means they will be flowering in about a month! Please check back for updates on the opening of the 7th annual Festival of Tulips as we get a little closer to bloom time. Meanwhile, enjoy some gorgeous photos of the tulips you will be able to photograph and purchase this year. And follow our Facebook and Instagram pages for our Tulip of the Day feature.

Oak Grove Inn is planning to take the bus and head onto I-85 North to the AMERICAN VILLAGE in Montevallo, AL, and see the beautiful, colorful, display of the many varieties of tulips that they have planted. The 100,000 bulbs planted began blooming in mid-February so we're hoping to plan our trip around the peak blooming season.

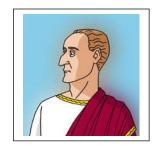
The Festival of Tulips is open for visitors during the week (weather permitting) and as long as the flowers are in bloom.

Admission to the Festival of Tulips is \$5 per person, and if you want to bring several home, the tulips or the bulbs are \$2 each.

We will be taking our bus on Tuesday, March 7th and leaving Oak Grove Inn at 1:30 p.m. (weather permitting).

If you are interested in going to The Festival of Tulips, please register your name on the Activity Sheet. Seating on the bus is for only 12.

CELEBRATING THE IDES OF MARCH WEDNESDAY, MARCH 15TH



History of Ides of March

March 15, 44 BC marked the assassination of the leader of the Roman Republic, Julius Caesar, the result of a conspiracy by many senators. An oracle warned Caesar that there would be bad luck on the Ides Day of March. According to the ancient Roman biographer Plutarch, on his way to the Pompey Theater to attend a meeting with the senators, Caesar passed the oracle and joked, "The Ides of March have come" implying that the oracle was wrong. However, the prophet replied, "Yes, sir Caesar, but the day is not over yet." In the end, Julius Caesar was assassinated. His death marked a turning point in Roman history.

FRIENDS, ROMANS, THOSE AT OAK GROVE INN, LEND ME YOUR EARS!









OAK GROVE INN'S

ST. PATRICK'S DAY

CELEBRATION

FRIDAY, MARCH 17TH



Get ready for St. Patrick's Day on Friday afternoon, March 17th at our 3:00 Happy Hour. Come to the IL Dining Room for some FUN, FOOD, and GOOD TIMES along with plenty of the **GREEN** for our **ST. PATTY'S DAY HAPPY HOUR!** Those that attend will qualify for our **IRISH SWEEPSTAKES** where you could have a winning ticket for our various door prizes. Be sure you wear something **GREEN** (or....... take the risk of getting pinched)! Entertainment will be provided by **Wayne & Margaret Alexander.**



IRISH BLESSINGS



May the road rise up to meet you.
May the wind always be at your back.
May the sun shine warm upon your face,
and rains fall soft upon your fields.
And until we meet again,
May God hold you in the palm of His hand.

May love and laughter light your days, and warm your heart and home. May good and faithful friends be yours, wherever you may roam. May peace and plenty bless your world with joy that long endures. May all life's passing seasons bring the best to you and yours!

May those who love us, love us; and those who don't love us, may God turn their hearts; and if He doesn't turn their hearts, may he turn their ankles so we'll know them by their limping.

May the Irish hills caress you.

May her lakes and rivers bless you.

May the luck of the Irish enfold you.

May the blessings of Saint Patrick behold you.

MARCH IS NATIONAL PEANUT MONTH

LET'S GO NUTS! Nuts for peanuts, that is! On Tuesday, March 21st at 2:00 p.m. in the AL Activity Area, we'll have several variations of the famous Mr. Peanut to select from and sample.



Choose from boiled, both regular and Cajun flavored, plain roasted, honey-roasted, homemade sugar coated. Just to name a few.

BE PREPARED IF SEVERE WEATHER COMES OUR WAY!



In the event of a **tornado warning** with the city sirens sounding, Oak Grove Inn staff will activate our own in-house tornado alarm system to notify ALL residents of the situation. The alarm is similar to that of our Fire Alarm but interspersed with several seconds of silence. This pattern is repeated for several minutes until it's de-activated by a staff member. All AL residents are to go into their hallway.

For Independent Living you must go to the first floor. It is permissible to use the elevators during this time. Those who use walkers, bring them with you to sit on. It is also recommended that you bring a pillow to use as protection to cover your head in case of flying debris.

*** Remember, the first Wednesday of each month the City of Montgomery will sound (test) their siren system unless there is already severe weather predicted.

The Times of Your Life!.....

We want to celebrate with you as you have those "Proud" moments in your life! If you would like to share with everyone some of those moments that are occurring (i.e.; special recognitions or awards, anniversaries, weddings, new babies in the family) please contact Chris by the 15th of each month to submit your information or announcement.

WE'D LOVE TO HEAR FROM YOU AND ABOUT YOU!

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Oak Grove Inn

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Check out our web site at; www.OakGroveInn.org